



Functional, Science-Backed

SUPPORT FOR YOUR GUT-BRAIN AXIS



Refresh Your Energy. Redefine Your Routine.

Trimstix Naturals blends plant-based nutrition with smart science to support healthy blood sugar levels, balance blood sugar, curb cravings, and revive natural energy without the caffeine crash or sugar spike.

Each sachet delivers clinically studied ingredients that help activate the gut-brain axis where digestion, mood, appetite, and energy all connect. It's metabolic support from the inside out that's powered by plants and proven by science.*

Flavors You'll Crave

Dragonfruit

Playful, bright, and just the right amount of sweet, this flavor is as eye-catching as it is refreshing. Each sip is a mini escape to something unexpected.

Orange Passion

A bold fusion of citrusy orange and golden pineapple with a smooth passion fruit twist, this flavor is bright, tropical, and irresistibly refreshing. One sip feels like catching golden hour on the beach complete with a warm breeze, the sun on your skin, and all the summer energy you crave.

Kiwi Strawberry

This flavor is the perfect balance of tangy tropical kiwi and sweet, sun-ripened strawberry. Bright, juicy, and just the right amount of tropical escape, one taste will have you poolside with the sun on your skin.

Island Slush

A refreshing burst of nostalgic snow cone bliss, this flavor is icy, sweet, and just the right amount of playful. Just one sip, and you're back to those endless, carefree summer afternoons.

Supplement Facts

Serving Size: 1 Stick Packet (5.9 g)
Servings Per Container: 30

	Amount Per Serving	% DV
Calories	15	
Total Carbohydrate	3 g	1%*
Dietary Fiber	2 g	7%*
Vitamin B12 (as Methylcobalamin)	2.4 mcg	100%
Choline (as Choline Bitartrate)	40 mg	7%
Chromium [Chromium with Amla Extract (fruit) and Shilajit]	200 mcg	571%
Blood Sugar Support Blend:	2,300 mg	†
Organic Tapioca Fiber, Organic Baobab Fruit Fiber		
Appetite Balance Blend:	332 mg	†
Potato Protein (tuber), CurCousin® 99% Catechin A (Curcuma longa/caesia), Fucosanthin-Rich Seaweed (10% fucosanthin)		
Clean Energy Blend:	76 mg	†
(provides 50mg of naturally occurring caffeine) Organic Coffee Berry, Organic Green Tea (shoots and leaves)		

*Percent Daily Values (DV) are based on a 2,000 calorie diet. †Daily Values (DV) not established.

Other Ingredients: Natural Flavors, Citric Acid, Organic Stevia (Reb A), Reb M (from Fermented Rice), Spirulina (for color), and Beta-Carotene (for color).

Supplement Facts

Serving Size: 1 Stick Packet (4.7 g)
Servings Per Container: 30

	Amount Per Serving	% DV
Calories	10	
Total Carbohydrates	3 g	1%*
Dietary Fiber	2 g	7%*
Vitamin B12 (as methylcobalamin)	2.4 mcg	100%
Choline (as choline bitartrate)	40 mg	7%
Chromium [chromium with amla extract (fruit) and shilajit]	200 mcg	571%
Blood Sugar Support Blend	2,300 mg	†
Organic Tapioca Fiber, Organic Baobab Fruit Fiber		
Clean Energy Blend (provides 50 mg of naturally occurring caffeine)	76 mg	†
Organic Coffee Berry, Organic Green Tea		
Appetite Balance Blend	332 mg	†
Potato Protein (tuber), CurCousin® 99% Catechin A (Curcuma longa/caesia), Fucosanthin-Rich Seaweed (10% fucosanthin)		

*Percent Daily Values (DV) are based on a 2,000 calorie diet. †Daily Values (DV) not established.

Other Ingredients: Natural flavors, citric acid, beet root (color), organic stevia (Rebaudioside A from Stevia rebaudiana leaf).

Supplement Facts

Serving Size: 1 Stick Packet (6.46 g)
Servings Per Container: 30

	Amount Per Serving	% DV
Calories	15	
Total Carbohydrate	4 g	1%*
Dietary Fiber	2 g	7%*
Vitamin B12 (as Methylcobalamin)	2.4 mcg	100%
Choline (as Choline Bitartrate)	40 mg	7%
Chromium [Chromium with Amla Extract (fruit) and Shilajit]	200 mcg	571%
Blood Sugar Support Blend:	2,300 mg	†
Organic Tapioca Fiber, Organic Baobab Fruit Fiber		
Appetite Balance Blend:	332 mg	†
Potato Protein (tuber), CurCousin® 99% Catechin A (Curcuma longa/caesia), Fucosanthin-Rich Seaweed (10% fucosanthin)		
Clean Energy Blend:	76 mg	†
(provides 50mg of naturally occurring caffeine) Organic Coffee Berry, Organic Green Tea (shoots and leaves)		

*Percent Daily Values (DV) are based on a 2,000 calorie diet. †Daily Values (DV) not established.

Other Ingredients: Natural Flavors, Citric Acid, Organic Stevia (Reb A), Reb M (from Fermented Rice), Beet Root (for Color), and Beta-Carotene (for Color).

Supplement Facts

Serving Size: 1 Stick Packet (6.25 g)
Servings Per Container: 30

	Amount Per Serving	% DV
Calories	15	
Total Carbohydrate	4 g	1%*
Dietary Fiber	2 g	7%*
Vitamin B12 (as Methylcobalamin)	2.4 mcg	100%
Choline (as Choline Bitartrate)	40 mg	7%
Chromium [Chromium with Amla Extract (fruit) and Shilajit]	200 mcg	571%
Blood Sugar Support Blend:	2,300 mg	†
Organic Tapioca Fiber, Organic Baobab Fruit Fiber		
Appetite Balance Blend:	332 mg	†
Potato Protein (tuber), CurCousin® 99% Catechin A (Curcuma longa/caesia), Fucosanthin-Rich Seaweed (10% fucosanthin)		
Clean Energy Blend:	76 mg	†
(provides 50mg of naturally occurring caffeine) Organic Coffee Berry, Organic Green Tea (shoots and leaves)		

*Percent Daily Values (DV) are based on a 2,000 calorie diet. †Daily Values (DV) not established.

Other Ingredients: Natural Flavors, Citric Acid, Organic Stevia (Reb A), Fruit and Vegetable Juice (for Color) (radish, black currant, apple), and Reb M (from Fermented Rice).

Made With Your Metabolism In Mind.

Cravings, Conquered

Powered by Crominex®3+, a patented complex of chromium, Indian gooseberry, and shilajit — clinically shown to support insulin function and linked to a 25–30% reduction in appetite markers. Together, these bioactives help support a healthy blood sugar response, reduce cravings, and keep you feeling in control, not controlled by cravings.*

Feel Fuller, Faster

With Potato Proteinase Inhibitor II (PI-2), a natural compound from potatoes that enhances satiety hormones (like CCK), helping you feel satisfied sooner and stay fuller longer. Clinical studies show it can reduce calorie intake by up to ~22%.*

Clean, Steady Energy

A gentle lift from organic green tea + coffee berry provides ~50 mg of naturally occurring caffeine—just enough to enhance energy and focus, without the jitters or crash.*

Inflammation Calmed, Waistline Supported

Black turmeric extract has been studied for its ability to help maintain healthy inflammatory responses (including markers like TNF- α and IL-6) and support insulin sensitivity. Emerging research also suggests it may play a role in promoting healthy waist measurements when combined with diet and lifestyle.*

Gut-Brain Balance

Baobab fruit fiber and tapioca prebiotics fuel beneficial gut microbes that strengthen the gut-brain axis, which may increase satiety hormone activity by 15–20%. This supports smoother digestion, improved mood, and healthier metabolic balance—helping your body naturally regulate appetite and energy.*

Smarter Fat-Burning

Fucoxanthin-rich seaweed extract has thermogenic properties that target stubborn white fat tissue, with meta-analyses showing improvements in fat loss and metabolic health within 8–12 weeks.*

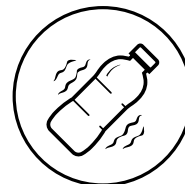
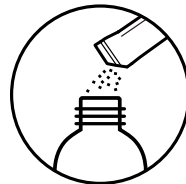


Why You'll Love It

- ***Supports appetite control and curbs cravings*** through gut-brain hormone signaling (GLP-1 and satiety peptides)*
- ***Supports healthy blood sugar metabolism*** to prevent energy crashes and weight gain*
- ***Delivers smooth, clean energy and improved cognitive clarity*** without overstimulation*
- ***Nourishes gut flora and modulates gut-brain axis communication*** for improved metabolic resilience*

How To Use It

Mix one stick with 8–12 oz cold water once daily preferably between meals to support satiety and avoid energy dips.



*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent disease.

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